

Family First Chiropractic Wellness

Clinical Bodywork & Stress Management Services

<u>Clinical Bodywork</u>	<u>Stress Management</u>
Medical Massage	Lymphatic Drainage
Sports Massage	Prenatal Massage
Deep Tissue Massage	Aromatherapy
Trigger Point Therapy	Integrated Massage
Cupping Therapy	Reiki
Myofascial Release	Hwalgong
Myoskeletal Alignment	Thai Massage*
Manual Stretching	Raindrop Therapy*
Joint Flossing Therapy	
Corrective Exercise Recommendations	

Pricing

20 mins - \$25

40 mins - \$50**

60 mins - \$75**

80 mins - \$100**

***Services provided at a higher charge due to length or product cost.**

****A 24 hour cancellation notice is needed for any service of 40 minutes or more to avoid a 50% charge that will be applied in order to pay the therapist.**